The Evolving Heméphilia Managed Care and Specialty Pharmacy Environment:

Recommendations for a New Health Care Ecosystem

Outcomes Tool Box

Reviewed by:

Edmund Pezalla, MD

National Medical Director for Pharmacy Policy and Strategy Aetna, Inc.

Michael Zeglinski, RPh Senior Vice President, Specialty Pharmacy OptumRx[®]/BriovaRx[®] Jointly provided by







This activity is supported by independent educational grants from Baxalta US Inc., Biogen, and Novo Nordisk, Inc.



Contents

The Cost Burden of Hemophilia in Managed Care	3
Prevalence, Drug Utilization, and Associated Costs	3
Hemophilia is a Low Prevalence but High Cost Disease	3
Prescription Cost Vastly Outweighs Hemophilia Prevalence and Associated Utilization	3
Hemophilia and the Specialty Drug Trend	4
Pharmacy Spending on Hemophilia Products and Other Specialty Drugs is Expected to Grow	4
Key Drivers of Specialty Trend	4
Hemophilia Ranks Among the Therapeutic Classes Driving the Specialty Trend	5
Appropriate Hemophilia Management	6
Treatment Priorities, Approach, and Strategies	6
Treatment Priorities	6
Treatment Goals, Approach, and Strategies	6
Treatment Options for the Management of Bleeding	7
Treatment Options	7
Control and Prevention of Bleeding with Factor Replacement,	7
Management Challenges	8
Measuring Success in Hemophilia Management	9
Determining the Value of Care	9
Overall Value in Care is Based on Total Cost of Care and Care Experience Evidence	9
Current Sources of Data	. 10
The Need for Collaboration	. 11
Key Components of Data Collection and Analysis for Hemophilia Quality Improvement	. 11
The Comprehensive Care Sustainability Collaborative (CCSC)	. 12
Introduction	. 12
The CCSC Initiative Strives to Facilitate Payer-Provider Collaboration	. 12
Metric Development	. 13
CCSC Metric Development Process	. 13
CCSC Development of Finalized Metrics	. 13
By Reporting Data According to these Metrics, HTCs, and Payers Can Improve Outcomes and Manage	
Costs	. 14
Metrics for Quality Improvement	. 15
CCSC-recommended Metrics for HTCs and Payers	. 15
Patient Classification	. 15
Prescribed dose/dispensed dose/weight (± range)	. 15
Number of bleeds/time to treatment	. 15
ED VISITS/NOSPITAIIZATIONS	. 15
Lost of factor	. 16
Home Infusion (%)	. 16
lotal cost per patient	. 16
Patient contacts	.16
Further Information and Opportunities for Payers	. 1/
Resources are Available for Payers Seeking wore information on the USC	. 1/
Payers and Plans Have an Opportunity to Assess Outcomes for Hemophilia through the CCSC	. 1/





THE COST BURDEN OF HEMOPHILIA IN MANAGED CARE

Prevalence, Drug Utilization, and Associated Costs

HEMOPHILIA IS A LOW PREVALENCE BUT HIGH COST DISEASE

Condition	Estimated Prevalence	Estimated Per Patient Cost of Care (\$)
Diabetes ¹	25,800,000	7,900 – 14,000
COPD ²	15,000,000	2,000 – 43,000
Multiple Sclerosis ^{3,4}	300,000	28,000 - 58,000
Hemophilia ⁵	20,000	180,000 – 300,000

PRESCRIPTION COST VASTLY OUTWEIGHS HEMOPHILIA PREVALENCE AND ASSOCIATED UTILIZATION⁶







Hemophilia and the Specialty Drug Trend

PHARMACY SPENDING ON HEMOPHILIA PRODUCTS AND OTHER SPECIALTY DRUGS IS EXPECTED TO GROW⁷



PMPY=per member per year

KEY DRIVERS OF SPECIALTY TREND

High Cost Per Patient	Increasing Utilization
Accounts for 25% of pharmaceutical spending in the US	Flourishing pipeline
Annual growth at 15-20%	New indications for existing drugs
Annual drug cost ranges from \$15,000-\$250,000+ per patient	Earlier use of biologics in treatment regimen for diseases where nonbiologic options are available
Manufacturer price increases for existing drugs	Episodic vs. chronic treatment
 Limited generics available as products mature: First wave of non-biologic specialty drugs losing patent protection Biosimilars for biologic specialty drugs 	





HEMOPHILIA RANKS AMONG THE THERAPEUTIC CLASSES DRIVING THE SPECIALTY TREND⁸

TOP SPECIALTY THERAPY CLASSES

RANKED BY 2014 PMPY SPEND

		TREND			
RANK	THERAPY CLASS	PMPY SPEND	UTILIZATION	UNIT COST	TOTAL
I	Inflammatory Conditions	\$80.03	8.5%	15.7%	24.3 %
2	Multiple Sclerosis	\$52.36	3.2%	9.7%	12 .9%
3	Oncology	\$41.64	8.9%	11.7%	20.7 %
4	Hepatitis C	\$37.95	76.1 %	666.6%	742.6 %
5	HIV	\$27.24	4.5%	10.3%	14.8 %
6	Miscellaneous Specialty Conditions	\$11.10	27.3%	8.2%	35.6 %
7	Growth Deficiency	\$9.98	-0.9%	7.5%	6.6 %
8	Hemophilia	\$5.49	-0.8%	17.6%	16.9 %
9	Pulmonary Arterial Hypertension	\$5.41	7.6%	6.2%	13.8 %
10	Transplant	\$5.13	0.8%	-3.1%	-2.3 %
	TOTAL SPECIALTY	\$311.11	5.8%	25.2%	30.9%





Appropriate Hemophilia Management

Treatment Priorities, Approach, and Strategies

TREATMENT PRIORITIES

- Treatment priorities for persons with hemophilia
 - Prevention of bleeding
 - \circ $\;$ Immediate infusion of clotting factors if excessive bleeding does occur
 - Prevention of disability
- Advances in hemophilia care allow for a near normal life expectancy
 - Use of prophylactic (preventive) factor infusion protocols
 - Advent of longer-acting factor may lead to decreased number of infusions/week (when applicable)

TREATMENT GOALS, APPROACH, AND STRATEGIES⁹

Goals App	proach	Strategies
 Rapid and effective replacement of missing coagulation factor in order to: Raise factor levels Decrease frequency and severity of bleeding Prevent the complications 	Comprehensive hemophilia treatment center (HTC) staffed by a multidisciplinary team of experts who care for patients with bleeding disorders	 Episodic or "on demand" factor replacement Prophylaxis





Treatment Options for the Management of Bleeding

TREATMENT OPTIONS¹⁰

- Replacement of missing clotting protein
 - Hemophilia A: concentrated FVIII product
 - o Hemophilia B: concentrated FIX product
 - Desmopressin acetate (DDAVP)/Stimate
 - Synthetic vasopressin analog used in many patients with mild hemophilia A for joint, muscle, and oro-nasal bleeding and before and after surgery
- Adjunctive therapies
 - Antifibrinolytic agents
 - o Supportive measures including immobilization and rest

CONTROL AND PREVENTION OF BLEEDING WITH FACTOR REPLACEMENT^{10,11}

Bleeding Episode	Factor Level Required (% of normal)	Frequency of Administration*
MinorEarly hemarthrosisMinor muscle or oral bleed	30-50	Every 12-24 hours ± antifibrinolytic
 Moderate Bleeding into muscles or oral cavity Definite hemarthrosis 	50-80	Every 12-24 hours until resolved
Major • GI, intracranial, intra-abdominal, intrathoracic, CNS, or retroperitoneal bleeding	80-100	Every 12-24 hours until resolved
 Special Case Scenarios Patients already on prophylaxis, patients using long-acting factor products, etc. 	Variable	Variable

*Recommended FVIII dosing:

Dosage in FVIII units = (Weight in kilograms) x (Factor percentage desired) x 0.5 (per product indications)





Management Challenges

- Prophylaxis^{12,13,14,15,16,17}
 - o Identification of optimal trough level
 - Cost-benefit of targeting higher trough levels
 - o Use of prophylaxis beyond pediatric patients
 - o Perisurgical considerations
 - Impact of prophylaxis on CVD risk
- Formation of inhibitory antibodies^{18,19}
 - Genetic predisposition
 - Factor exposure during heightened immune response
 - Infections, immunizations, surgery
 - More frequent (or continuous) factor infusions in mild or moderate cases
 - o Eradication of the inhibitor in severe cases





Measuring Success in Hemophilia Management

Determining the Value of Care

OVERALL VALUE IN CARE IS BASED ON TOTAL COST OF CARE AND CARE EXPERIENCE EVIDENCE

- $V = \frac{Q}{C}$
- Evidence-based therapies
 - Minimal adverse events
 - Reduced morbidity
 - Improved QOL
 - Avoidance of hospitalizations
 - Avoidance of ED visits
 - Site of service costs \downarrow
 - Inappropriate/excessive dosing \downarrow





Current Sources of Data

Data Source	
All Payer Claims Databases (APCD)	Most under construction; lack public payers
	• De-identified protected health information (PHI); link to provider
	 Annual updates, long claims lag; often non-specific
	 No clinical data & PBM data from carve-outs
	 Best for population level analysis (e.g., state cohort profiling)
Aggregated Commercial Databases	 Larger cross-state cohorts; less claims lag than APCDs
	 Commercial data; open for contracting
	De-identified non-clinical data
	 Examples: BCBS, Optum, HMO Research Group
Health Plans	 PHI included; can track specific patients
	 PBM data integrated; data limited to plan membership
	 Wide variation in availability: Humana vs. HPHC
	 No clinical data except staff model plans (e.g., Intermountain,
	Henry Ford Health Systems, or Kaiser Permanente)
Electronic Medical Records (EMRs) /	 PHI, clinical, and demographic data included
Health Care Providers	 Includes prescribed meds but no way to know if filled
	 Access & formatting variable (lab vs. imaging vs. notes)
	No data from other providers of studied patients
Self-Insured Employer Groups	Claims download database for large, self-funded employers
	Health utilization and possibly work impact data included
	Usually outsourced (e.g., Mercer, Solucia, etc.)
	Limited by employee privacy & profile of workforce
Centers for Medicare and Medicaid	De-identified
Services (CIVIS)	• Very broad
	Prescription data not integrated Only evolution data not integrated
Datiant Danastad Outcomes (DDO)	Only available in small samples (i.e., regional data) Deriedie Surveys
Schodulad Data	Periodic Surveys Notification Window
Scheduled Data	INOLITICATION WINDOW Email Reminders
	Enilali Reminuers Powards
	Challongos
	 Validated Instruments
	Longitudinal trends
Real-Time Data	Event-driven Diary
	Real Time
	Improved Recall
	Rewards
	Challenges
	Web-Only or Mobile
	Data Verification
	EMR Integration
	Specialty Pharmacy (SPP) Refill Data
	Triggered Dynamic Medical Education Content





The Need for Collaboration

KEY COMPONENTS OF DATA COLLECTION AND ANALYSIS FOR HEMOPHILIA QUALITY IMPROVEMENT



Collaboration Between Payers and Providers is Imperative





THE COMPREHENSIVE CARE SUSTAINABILITY COLLABORATIVE (CCSC)

Introduction

THE CCSC INITIATIVE STRIVES TO FACILITATE PAYER/PROVIDER COLLABORATION

- Ongoing quality improvement (QI) and cost management initiative
- Driven by the insights of a prominent group of stakeholders:
 - Hemophilia treatment center (HTC) directors, clinicians, and administrators
 - Payer/managed care medical and pharmacy directors from a mix of large national and regional health plans



- Developing a framework for metric-driven programs incorporating data reporting between payers and HTCs to be replicated across the United States
- Goal: facilitate cost-effective hemophilia management integrating the HTC comprehensive care model





Metric Development

CCSC METRIC DEVELOPMENT PROCESS



CCSC DEVELOPMENT OF FINALIZED METRICS

- Based on the data collection and reporting experiences presented by HTC and payer advisors participating in preliminary initiatives, a consensus was reached to revise the metrics to capture data that more accurately reflects true outcomes and costs
- Discussion of the revised metrics commenced with a model mentioned in previous CCSC recommendations, followed by eventual agreement on finalized metrics







By Reporting Data According to these Metrics, HTCs, and Payers Can Improve Outcomes and Manage Costs







METRICS FOR QUALITY IMPROVEMENT

CCSC-recommended Metrics for HTCs and Payers

PATIENT CLASSIFICATION

To be reported by the HTC, as payer claims data does not provide all of the pertinent detail:

- Diagnosis (A or B)
 - Severity (mild, moderate, or severe)
 - Inhibitor status (Y or N)

PRESCRIBED DOSE/DISPENSED DOSE/WEIGHT (± RANGE)

To be reported by the HTCs using an integrated pharmacy model or payers if an SPP is used for factor dispensation:

Crucial for payers

- Product
- Total units
- U/kg
- Units dispensed
- Prescribed dose/dispensed dose
 - ±10% according to MASAC guidelines; payers desire ±5%

NUMBER OF BLEEDS/TIME TO TREATMENT

To be reported by the HTC:

- Total number of bleeds
- Type of bleed (joint or non-joint)
- Type of treatment (prophylaxis or on-demand)

ED VISITS/HOSPITALIZATIONS

To be reported by both the HTC and the payer:

- ED visit with hemophilia listed as 1° or 2° diagnosis code (i.e., in the first two lines of the claim)
 - While payers have ED data, they do not always have the details to understand the complete details for a given patient scenario





COST OF FACTOR

٠

To be reported by the payer:

- Total factor cost
 - Total factor cost/patient
- Site of care
 - Facility (hospital/ED)
 - Ambulatory (infusion center, physician's office, HTC)
 - Home/self

Home infusion (%)

As an indicator of cost-saving home infusion, to be reported by the HTC:

- Percent of patients/families independently infusing at home
- Percent of patients/families infusing at home with nursing assistance

TOTAL COST PER PATIENT

To be reported by the payer:

- Total cost of pharmacy claims
- All other medical claims costs
- Total cost per patient

PATIENT CONTACTS

As an indicator of quality care, to be reported by the HTC:

- Comprehensive care visits
- Other visits
 - Follow-ups
 - Medical provider
 - Social work
 - Nurse
 - PT
 - Patient/family education
 - o Infusions
 - Offsite visits (home and school)
- Collaboration with other providers
- Telemedicine
- Case management contacts
 - o Telephone
 - o E-mail
 - o Text





Further Information and Opportunities for Payers

RESOURCES ARE AVAILABLE FOR PAYERS SEEKING MORE INFORMATION ON THE CCSC

CCSC White Paper

- Initial findings and recommendations from the CCSC are reported in a white paper available at: <u>www.CCSCHemo.com</u>
- Highlights Include:
 - Analysis of the current state of hemophilia care and the benefits of the comprehensive care model
 - Expert feedback and consensus recommendations to facilitate cost-effective hemophilia management integrating the HTC comprehensive care model
 - Information regarding competitive factor pricing and a thorough explanation of the role of 340B pricing in funding ancillary services provided at HTCs
 - Recommended HTC- and payer-reported metrics to facilitate information sharing across multiple health care stakeholders

PAYERS AND PLANS HAVE AN OPPORTUNITY TO ASSESS OUTCOMES FOR HEMOPHILIA THROUGH THE CCSC

Networking with the CCSC can...

- ...assist with access to the extensive array of hemophilia-related outcomes data available from a nationwide network of HTCs
- ...provide connectivity with HTC directors and other plan/payer managers seeking more rigorous outcomes measures in care quality and cost containment in hemophilia

For more information contact: <u>CCSC@ImpactEdu.net</u>





REFERENCES

- ¹ American Diabetes Association. *Diabetes Care*. 2013;36:1033-46.
- ² Dalal AA, et al. Int J Chron Obstruct Pulmon Dis. 2010;5:341-9.

⁴ Rocky Mountain MS Center. <u>https://www.mscenter.org/education/ms-the-basics</u>. Accessed March 31, 2015.

- ⁶ Express Scripts. 2014 Drug Trend Report. <u>http://lab.express-scripts.com/drug-trend-report /</u>. Accessed July 10, 2015.
- ⁷ Artemetrx. Specialty drug trends across the pharmacy and specialty benefit. 2013. Available at: <u>http://www.artemetrx.com/docs/ARTEMETRX_Specialty_Trend_Rpt.pdf</u>. Accessed July 10, 2015.
- ⁸ Express Scripts. 2014 Drug Trend Report. <u>http://lab.express-scripts.com/drug-trend-report /</u>. Accessed July 10, 2015.
- ⁹ Centers for Disease Control. Hemophilia. <u>http://www.cdc.gov/ncbddd/hemophilia/facts.html</u>. Accessed March 10, 2015.
- ¹⁰ National Hemophilia Foundation. <u>http://www.hemophilia.org/Bleeding-Disorders/Types-of-Bleeding-Disorders</u>. Accessed March 10, 2015.
- ¹¹ World Federation of Hemophilia. <u>http://www1.wfh.org/publications/files/pdf-1494.pdf</u>. Accessed March 10, 2015.
- ¹² Fischer K, et al. *Blood*. 2013;122:1129-1136.
- ¹³ Manco-Johnson MJ, et al. *Haemophilia*. 2013;19:727-735.
- ¹⁴ Gringeri A, et al. *Haemophilia*. 2012;18:722-728.
- ¹⁵ Simpson ML, Valentino LA. *Expert Rev Hematol*. 2012;5:459-468.
- ¹⁶ Sørensen B, et al. *Haemophilia*. 2012;18:598-606.
- ¹⁷ Konkle BA. *Am J Hematol*. 2012;87 Suppl 1:S27-32.
- ¹⁸ National Institutes of Health. <u>http://www.nhlbi.nih.gov/health/health-topics/topics/hemophilia/signs</u>. Accessed July 15, 2015.
- ¹⁹ Shapiro A. Hematology Am Soc Hematol Educ Program. 2013;2013:37-43.



³ Gleason PP, et al. *J Manag Care Pharm*. 2013;19:542-8.

⁵ Fischer K, et al. *Blood*. 2013;122:1129-36.